

INFECTIOUS DISEASES



Stay Informed - Help prevent the spread of infectious diseases



DO

- 1** Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer
- 2** Practice physical distancing (6 ft/2m or follow local guidance, whichever is more protective)
- 3** Use face coverings when you can't physically distance, or as required by government or site policy
- 4** Regularly clean and disinfect surfaces
- 5** Cough or sneeze into your elbow or a tissue, immediately throw the tissue in the trash, then sanitize hands
- 6** Stay home and contact your manager if you feel unwell

DON'T

- 1** Do not touch your eyes, nose, or mouth with unwashed hands
- 2** Do not shake hands, hug, or kiss on the cheek when greeting others
- 3** Do not go to work if you feel sick



STOP WORK
You are the last line of defense.

